

ADD FIBRE TO YOUR DAY THE DELICIOUS WAY

FIBRE SNACKS™ are delicious chewy bars packed with chocolate and peanuts, that allow you to snack smart without compromising taste.

WHY YOU NEED FIBRE SNACKS:

YOUR SHAKE DAY COMPANION

6 grams of undenatured whey protein help keep you satisfied between meals and discourage overeating



FUELLING FIBRE

With 6 grams of fibre, one Fibre Snacks bar provides 20 percent of your recommended daily intake*



SUPPORT HEALTHY DIGESTION

Prebiotic soluble fibre helps maintain healthy intestinal flora, which improves digestion and supports the immune system



WHAT ARE FIBRE SNACKS?

A healthy, gluten-free snack bar loaded with fibre and protein to satisfy cravings and promote a balanced digestive system.



HOW FIBRE SNACKS WORK:

Each bar contains two types of hunger-curbing fibre; soluble and insoluble fibre. Both help aid digestion while contributing to feeling fuller, longer. Fibre helps slow the absorption of carbohydrates to avoid blood sugar spikes.

Perfect For:

- Adults looking for a guilt-free snack to help stay satisfied and increase fibre intake



GLUTEN-FREE



KOSHER

For more information, please contact your Isagenix Independent Associate: