

AMPED™ Recover

NUTRITION INFORMATION

Servings per Package: 20
Serving Size: 2 Scoops (13.5 g)

	Ave. Quantity per Serving	Ave. Quantity per 100 g
Energy	188 kJ (45 Cal)	1393 kJ (333 Cal)
Protein	0 g	0 g
Fat, total	0 g	0 g
- saturated	0 g	0 g
Carbohydrate	7 g	52 g
- sugars	5 g	37 g
Sodium	50 mg	370 mg
Leucine	1,824 mg	13,511 mg
Isoleucine	872 mg	6,459 mg
Valine	872 mg	6,459 mg
L-Carnitine	1,000 mg	7,407 mg
Glutamine	500 mg	3,704 mg
Tyrosine	100 mg	741 mg
Histidine	50 mg	370 mg

Ingredients: Branched-chain amino acids 30% (leucine, isoleucine, valine), dextrose, levocarnitine tartrate, natural flavours, evaporated cane juice, fructose, acidity regulators (330, 331), glutamine, rice hull powder, red beet juice powder, tyrosine, histidine, sea salt, natural sweetener (960), betacarotene



SOY-FREE



GLUTEN-FREE



DAIRY-FREE