

Kosher President's Pak

Step-by-Step Guide

“We're so excited that Isagenix has launched the Kosher Presidents Pak in Australia. This country is famous for being a multicultural nation and it's wonderful that Isagenix recognises this and is supporting the wider community with their specific needs.”

SUSY AND ROBBIE WICKS

1 STAR GOLDEN CIRCLE
1 STAR CRYSTAL EXECUTIVE



Create Your Path to Success

Plan Your Kosher Lifestyle



GOOD HEALTH IS SACRED.
THAT'S WHY ISAGENIX HAS CREATED
THE KOSHER SOLUTION.



Kosher President's Pak

Your Path to Success

For best results, follow the steps below

- 1. Use the Kosher President's Pak planner** to remind you when to take each product. Print additional copies of the planner (IsaProductAU.com) and use this tool to support your success.
- 2. Success loves company** — so be sure to enlist an accountability partner or Isagenix coach like your sponsor, spouse, friend or co-worker. Have this person join you in your transformation or have them offer you daily support by providing encouragement, tracking your progress and keeping you focused. You can also get free daily advice (ANZ.IsaDiary.com) and helpful tips from the Personal Coaching section of IsaProductAU.com.
- 3. Buy healthy foods and plan great tasting healthy meals.** Limit temptation by removing unhealthy foods and snacks from your home including caffeinated soft drinks and coffee, foods with artificial sweeteners and colouring, and junk food. See swapit.gov.au for helpful tips.

Kosher President's Pak Overview

YOUR KOSHER PRESIDENT'S PAK CONTAINS THE FOLLOWING LIFE-CHANGING PRODUCTS:

(2) Cleanse for Life™: Liquid

Cleanse your way to better health with a synergistic blend of gentle herbs and nutrients to support the body's natural ability to remove impurities.*

(4) Kosher IsaLean™ Shake: Vanilla

Lose weight, stay full, and build or maintain muscle with arguably the most nutritionally-complete meal replacement in the world.

(2) IsaDelight Plus™: Dark Chocolate

Power-packed, delicious dark chocolate that improves mood, curbs cravings, increases energy and fat-burning metabolism.

(2) IsaLean™ Bar (10 bars per box)

These tasty bars are packed with 18 grams of high-quality, undenatured whey and milk protein. With the same benefits as IsaLean Shake, they provide a low calorie meal with a balance of healthy fats and energy-fueling carbs.

(1) FibreSnacks!™

Add fibre to your day the delicious way, stay satisfied and maintain a healthy, balanced digestive system.

(2) Isagenix Snacks!™: Chocolate

Curb your appetite and support healthy blood sugar levels naturally with a balance of proteins, carbohydrates, and healthy fats.

(2) SlimCakes!

Indulge your sweet tooth minus the guilt with our Oatmeal Berry SlimCakes™ — the healthy fibre snack that tastes like a cookie. SlimCakes™ are sweetened with natural agave, containing no artificial flavours or colours.

(1) IsaBlender™

Blends a perfect creamy shake every time.

Now You're Ready to Begin

SHAKE DAY PLANNER

Morning

- Drink 1-2 glasses of purified water.

Breakfast

- Enjoy 2 scoops of IsaLean™ Shake with 240mL of purified water and ice.

Mid-Morning Snack

- See Shake Day Snack Ideas

Lunch

- Enjoy 1 serving of IsaLean Shake or eat a healthy, low-glycemic and balanced 400-600 calorie meal

Mid-Afternoon Snack & Supplement

- 1 FibreSnacks!™ or SlimCakes™

Dinner

- Enjoy 1 serving of IsaLean Shake or eat a healthy, low-glycemic and balanced 400-600 calorie meal

Evening

- IsaDelights Plus!™

SHAKE DAY SNACK IDEAS:

- 1/2 IsaLean™ Bar
- 1 hard-boiled egg
- celery stalks
- 4 cashews or walnuts (unsalted, raw)
- 6 almonds (unsalted, raw)

CLEANSE DAY PLANNER

Cleanse #1 (Breakfast)

- Enjoy 120mL of Cleanse for Life™ with 60-120mL of purified water.

Morning Snack

- Enjoy 1 IsaDelight Plus chocolate
- Take 2 Isagenix Snacks! — 30 minutes after consuming IsaDelight Plus chocolates
- Drink 1-2 glasses of purified water.

Cleanse #2 (Late Morning)

- Enjoy 120mL of Cleanse for Life with 60-120mL of purified water.

Afternoon Snack

- Enjoy 1 IsaDelight Plus chocolate
- Take 2 Isagenix Snacks! — 30 minutes after consuming IsaDelight Plus chocolates
- Drink 1-2 glasses of purified water.

Cleanse #3 (Late Afternoon)

- Enjoy 120mL of Cleanse for Life with 60-120mL of purified water.

Evening Snack

- Enjoy 1 IsaDelight Plus chocolate
- Take 2 Isagenix Snacks! — 30 minutes after consuming IsaDelight Plus chocolates
- Drink 1-2 glasses of purified water.

Cleanse #4 (Dinner)

- Enjoy 120mL of Cleanse for Life with 60-120mL of purified water.

CLEANSE DAY SNACK IDEAS

- For a boost of energy or to manage blood sugar, eat 1/4 apple or pear
- 6 almonds (unsalted, raw) throughout the day
- celery stalks

* Always read the label. Use only as directed. Not suitable for children. Not to be taken by asthma and allergy sufferers. Natural Accelerator contains royal jelly which has been reported to cause severe allergic reactions and in rare cases fatalities, especially in asthma and allergy sufferers. Vitamin supplements should not replace a balanced diet.

For more Shake and Cleanse Day tips and tools visit IsaProductAU.com

Your Success is Our Success!

THAT IS WHY WE HAVE DEVELOPED A COLLECTION OF RESOURCES TO HELP YOU ALONG THE WAY TO A HEALTHIER, MORE ENERGETIC LIFESTYLE.

Education: ISAPRODUCTAU.COM

This easy-to-navigate site contains everything you need to know about the products in your Kosher President's Pak. You'll also have access to product information sheets, videos, fast facts, FAQs, success stories to keep you motivated, worksheets to track your health goals and much more!

Inspiration: ANZ.ISAMOVIE.COM

Our most popular videos demonstrate how Isagenix® transforms lives.

Motivation: ANZ.ISADIARY.COM

Get the most out of Nutritional Cleansing with free, daily advice and motivation.

News: ANZ.ISAFYI.COM

All of the latest and greatest information about products, incredible deals, breaking news, tips to build your business and much more are now in one place online!

Science: ISAGENIXHEALTH.NET

Learn more about the science behind our products, FAQs and more!

Training: ISAGENIXPODCAST.COM

Download our weekly training calls straight to your iPod, send your prospects a simple link to the audio or even listen in to the recorded calls from one place.

Coaching: CONFERENCE CALLS

Check out daily and weekly programs that coach, inspire and motivate. Visit ANZ.IsaFYI.com/calls for more information.

Community: SOCIAL MEDIA

At Isagenix, we've long recognised social networking — or what we like to call 'social entrepreneurship' — as a revolutionary way of doing business. IsaGeeks.com, Facebook.com/IsagenixAustraliaNewZealand, Twitter.com/IsagenixANZ and YouTube.com/IsagenixANZ sites have something for everyone, including cleanse community support and support for creating a business model by leveraging social networks.



“I'm excited the Kosher President's Pak is now available in Australia and New Zealand. Our Kosher community can now benefit from this extraordinary nutrition. It has already helped thousands of our friends, family and colleagues in North America to feel more energised, less stressed, lose body fat, gain lean muscle and improve their fitness levels. We have many community members in Australia New Zealand who are so glad to have the kosher option!”

Justine Armstrong
3 Star Golden Circle, Executive

Do you want to learn how to get your next Kosher President's Pak for free?

- Do you have friends or family that would benefit by using the Kosher President's Pak?
- Do you want to keep losing weight or feel healthier for life?
- Do you want to earn a part-time income (holidays, car payments, mortgages) or even a full-time income?

Go to ANZ.IsagenixBusiness.com or talk with your sponsor to learn more about the Isagenix Opportunity!

* The weight loss testimonials presented apply only to the individuals depicted, cannot be guaranteed, and should not be considered typical. A 2008 university study showed a statistically significant weight loss of 3.2 kilos during the first 9 days of the 30-Day Nutritional Cleansing Program.