

Your Success is Our Success!

THAT IS WHY WE HAVE DEVELOPED A COLLECTION OF RESOURCES TO HELP YOU ALONG THE WAY TO A HEALTHIER, MORE ENERGETIC LIFESTYLE.

Education: ISAPRODUCTAU.COM

This easy-to-navigate site contains everything you need to know about the products in your Youthful Ageing Pak. You'll also have access to product information sheets, videos, fast facts, FAQs, success stories to keep you motivated, worksheets to track your health goals and much more!

Inspiration: ANZ.ISAMOVIE.COM

Our most popular videos demonstrate how Isagenix® transforms lives.

Motivation: ANZ.ISADIARY.COM

Get the most out of Nutritional Cleansing with free, daily advice and motivation.

News: ANZ.ISAFYI.COM

All of the latest and greatest information about products, incredible deals, breaking news, tips to build your business and much more are now in one place online!

Science: ISAGENIXHEALTH.NET

Learn more about the science behind our products, FAQs and more!

Training: ISAGENIXPODCAST.COM

Download our weekly training calls straight to your iPod, send your prospects a simple link to the audio or even listen in to the recorded calls from one place.

Coaching: CONFERENCE CALLS

Check out daily and weekly programs that coach, inspire and motivate. Visit ANZ.IsaFYI.com/calls for more information.

Community: SOCIAL MEDIA

At Isagenix, we've long recognised social networking — or what we like to call 'social entrepreneurship' — as a revolutionary way of doing business. IsaGeeks.com, Facebook.com/IsagenixAustraliaNewZealand, Twitter.com/IsagenixANZ and YouTube.com/IsagenixANZ sites have something for everyone, including cleanse community support and support for creating a business model by leveraging social networks.



“With Isagenix I'm so refreshed and energised. I feel more youthful, have more energy, increased stamina and so many people comment on how well I'm looking. I feel like I'm in my 30's again!”

Linda Chatham
5 Star Golden Circle
1 Star Crystal Executive

Do you want to learn how to get your next Youthful Ageing Pak for free?

- Do you have friends or family that would benefit by using the Youthful Ageing Pak?
- Do you want to keep losing weight or feel healthier for life?
- Do you want to earn a part-time income (holidays, car payments, mortgages) or even a full-time income?

Go to ANZ.IsagenixBusiness.com or talk with your sponsor to learn more about the Isagenix Opportunity!

Youthful Ageing Pak

Step-by-Step Guide

“Isagenix has truly transformed my life. I now want to help others achieve the same success!”

LOIS LE BRUN

2012 ISABODY CHALLENGE GRAND PRIZE WINNER
TOTAL WEIGHT LOSS // 14 KILOS*

*A real Isagenix® product user. Not a paid model.



Create Your Path to Success

Plan Your Youthful Lifestyle



* The weight loss testimonials presented apply only to the individuals depicted, cannot be guaranteed, and should not be considered typical. A 2008 university study showed a statistically significant weight loss of 3.2 kilos during the first 9 days of the 30-Day Nutritional Cleansing Program.

“The Youthful Ageing Pak is a great maintenance program. It contains a fantastic mix of products that have helped me feel healthier and more energised.”

LEANNE HART, Manager



Your Path to Success

For best results, follow the steps below

- Use the Youthful Ageing planner** to remind you when to take each product. Print additional copies of the planner (IsaProductAU.com) and use this tool to support your success.
- Success loves company** — so be sure to enlist an accountability partner or Isagenix coach like your sponsor, spouse, friend or co-worker. Have this person join you in your transformation or have them offer you daily support by providing encouragement, tracking your progress and keeping you focused. You can also get free daily advice (ANZ.IsaDiary.com) and helpful tips from the Personal Coaching section of IsaProductAU.com.
- Buy healthy foods and plan great tasting healthy meals.** Limit temptation by removing unhealthy foods and snacks from your home including caffeinated soft drinks and coffee, foods with artificial sweeteners and colouring, and junk food. See swapit.gov.au for helpful tips.

Youthful Ageing Overview

YOUR YOUTHFUL AGEING PAK CONTAINS THE FOLLOWING LIFE-CHANGING PRODUCTS:

(2) IsaLean™ Shake canisters AND/OR IsaLean™ Pro boxes*: Chocolate or Vanilla

Lose weight, stay full, and build or maintain muscle with arguably the most nutritionally-complete meal replacement in the world.

(1) Ionix® Supreme: Powder or Liquid

Beat stress and increase mental and physical performance naturally with this powerful adaptogen-rich tonic.

(1) Product B Antioxidants plus Telomere Support

Provides your body with a powerful source of antioxidants, to support your telomere health.

(1) Ageless Actives™

More than three supplements in one to help support energy production, protect cardiovascular health, improve calcium absorption and protect cells from oxidative stress. Contains CoQ10, vitamin D3 and resveratrol, along with a blend of adaptogens, botanicals and antioxidants.

(1) Essentials: Men or Women

Scientifically formulated to meet the individual needs of men and women. Essentials for Men are high in zinc and selenium to promote prostate health. Essentials for Women contains five kinds of calcium for strong bones, healthy hair, skin and nails.

POPULAR ADD-ONS TO THE YOUTHFUL AGEING PAK:

- (1) Cleanse for Life™ Natural Rich Berry Powder**
Cleanse your way to better health with a synergistic blend of gentle herbs and nutrients to support the body's natural ability to remove impurities.
- (1) IsaDelight Plus™: Dark Chocolate**
Power-packed, delicious dark chocolate that improves mood, curbs cravings, increases energy and fat-burning metabolism.
- (1) FibreSnacks!™**
Add fibre to your day the delicious way, stay satisfied and maintain a healthy, balanced digestive system.

Youthful Ageing Pak Planner

Breakfast

Mix 2 scoops of IsaLean™ shake with 240mL of purified water and ice OR 1 packet of IsaLean™ Pro with 240mL of purified water and ice. Drink 30mL of Ionix® Supreme liquid or mix 1 scoop of Ionix Supreme powder with 60-120ml of purified water. Take 2 Essentials for Men™* or Women* tablets and 2 Ageless Actives™* capsules. Take 2 Product B™ capsules.



Mid-Morning Snack

Pick 1 option from the 'Sensible Snack Ideas' to curb cravings.

Lunch

Eat a healthy, low-glycemic and balanced 400-600 calorie meal. A typical plate should consist of one half fruits and vegetables, a serving of grains with at least half as whole grains, a serving of lean protein such as fish or skinless chicken, and a serving of a calcium-rich food such as fat-free or low-fat milk or yogurt.



Mid-Afternoon Snack

1 IsaDelight Plus™* to curb your cravings.

Dinner

Eat a healthy, low-glycemic and balanced 400-600 calorie meal. A typical plate should consist of one half fruits and vegetables, a serving of grains with at least half as whole grains, a serving of lean protein such as fish or skinless chicken, and a serving of a calcium-rich food such as fat-free or low-fat milk or yogurt. Take 2 Essentials for Men or Women tablets and 2 Ageless Actives capsules. Take 2 Product B™ capsules.



Sensible Snack Ideas

- 6 almonds (unsalted, raw)
- 1 apple
- 1 IsaDelight Plus™*
- 1 serving SlimCakes™*
- 1 serving FibreSnacks!™*

Water

Drink 8 glasses of purified water each day.



* Always read the label. Use only as directed. For full details on ingredients and warnings, please visit Isagenix.com.
† These Isagenix products are not included in the Youthful Ageing Pak and must be purchased separately.

Use these tips and resources to help you along the way...

IsaProductAU.com

This easy-to-navigate site contains everything you need to know about the products in your Youthful Ageing Pak. You'll also have access to product information sheets and fast facts, FAQs, success stories to keep you motivated, worksheets to track your health goals and much more!

Autoship Rewards

Ensure you always have your Youthful Ageing Pak right at your fingertips and at a great price! When you enrol on Autoship, our convenient, automatic shipping service, you can get 10% off your pak versus purchasing it individually at wholesale. For more details, visit the 'Library' section of your Back Office.